

MUM'S HOSPITAL CHECKLIST



NOTES

WHAT YOU NEED FOR YOU

Hairbands Pillow Hand Held Fan Phone Chargers Tablet or Laptop Headphones Loose Fitting PJs or Night Shirt Comfy lightweight trousers Dark Maternity Knickers Flip flops Wet Wipes Flannel or Wash Cloth Maternity Pads Make up Hairbrush Snacks

Towel